Acknowledge Feelings
Purpose is not always immediately recognized, acknowledge that this might be true for yourself or your Learner.

TRY:
Have a meaningful conversation about what you feel it means to have a sense of purpose.

Identify Strengths
Discovering our strengths can help us understand how we communicate and work best.

TRY:
Take a survey together to identify strengths and personality type (e.g., Myers-Briggs Type Indicator.)

Explore Interests
Being interested in what we do leads to investment and perseverance. Allow Learners to discover their own interests and direct their own learning.

TRY:
Connect your Learner’s interests to the daily work they are completing for Remote Learning. Find ways to tailor lessons to your learner.

Encourage
Having a sense of purpose gives individuals a drive to work toward the future. Encourage your Learner to explore strengths and continue conversations about finding a sense of purpose in the work we do.

TRY:
Have a conversation about how participating in Remote Learning feels for your Learner. Connect the immediate work to that of your Learner’s larger goals.

Build a Sense of Purpose

Having a sense of purpose in times of change can ensure that Remote Learners feel they have a positive outlook on the future. Consider these strategies to develop a sense of purpose and find satisfaction in the remote learning environment.