

Build a Sense of Purpose

Having a sense of purpose in times of change can ensure that Remote Learners feel they have a positive outlook on the future. Consider these strategies to develop a sense of purpose and find satisfaction in the remote learning environment.

Identify Strengths

Discovering our strengths can help us understand how we communicate and work best.

TRY:

Take a survey together to identify strengths and personality type (eg. Myers-Briggs Type Indicator.)

Encourage

Having a sense of purpose gives individuals a drive to work toward the future. Encourage your Learner to explore strengths and continue conversations about finding a sense of purpose in the work we do.

TRY:

Have a conversation about how participating in Remote Learning feels for your Learner. Connect the immediate work to that of your Learner's larger goals.

Acknowledge Feelings

Purpose is not always immediately recognized, acknowledge that this might be true for yourself or your Learner.

TRY:

Have a meaningful conversation about what you feel it means to have a sense of purpose.

Explore Interests

Being interested in what we do leads to investment and perseverance. Allow Learners to discover their own interests and direct their own learning.

TRY:

Connect your Learner's interests to the daily work they are completing for Remote Learning. Find ways to tailor lessons to your learner.

